



# Media Kit

# Introduction



IBH Addiction Recovery is an evidence-based provider of a continuum of care treatment approach for drug and alcohol addiction.

IBH Addiction Recovery provides an integrated system of services that address all aspects of drug and alcohol addiction and offers a variety of pathways to recovery. Treatment plans are designed to accommodate the specific needs of each client. They include outpatient and residential programs along with additional medical, mental health, spiritual, and aftercare support.

With a staff composed of individuals with clinical licenses, drug and alcohol counseling certifications, specialized training, and persons in recovery, IBH Addiction Recovery treats drug and alcohol addiction as a disease. Our team of experts works with clients to address the physical and mental impact of addiction, educates them on the underlying causes of the disease, and offers spiritual support.

## 2021 Stats

1/1/2021 - 12/31/2021

**682**

Total unique clients admitted at some level along the Continuum of Care

**19 - 82** yrs.

Admission age range

**36**

Median age

**229**

Total number of clients with an approved planned discharge

### Unique Client Program Participation

**526**

Residential

**260**

Partial Hospitalization

**217**

REACH

**125**

Intensive Outpatient

**120**

Outpatient

**56**

Withdrawal Management

**38**

Recovery House

# History and Expansion



IBH Addiction Recovery, originally known as the Interval Brotherhood Home, was founded in 1970 to help those struggling with alcoholism.

IBH Addiction Recovery began as a residential treatment center that was rooted in the 12-step recovery program. Over the years, our services and programs have evolved to meet the needs of our client base with a focus on the treatment of both drug and alcohol addiction.

IBH Addiction Recovery is located on the same 70 acres of serene, rolling grounds near Portage Lakes as when it first opened back in 1970. Purchased from the Carmelite Monks, the property originally included a monastery, farmhouse, pole barn, and chicken coops. Over the years, the existing structures have been renovated and remodeled – and two new buildings added – all to meet the changing needs of IBH Addiction Recovery’s staff and clients.

Today, the original monastery and chapel are now known as the Men’s Residence, while the white farmhouse, built in 1844, is home to Administration Offices. Two of the large chicken coops, from which the monks used to sell eggs, were converted into a Women’s Residence in the early 1980s and features semi-private and dorm-style rooms. The utilitarian pole barn was transformed into a building that was leased out to other organizations, such as Community Support Services and The Village Network, over the years. More recently, the former pole barn has been used as an expansion of the Men’s Residence.

The two newer structures include a Therapy Center and Education Center. The Therapy Center, built in the mid-1980s, houses counseling services, an auditorium for in-service programs, and office space. The Education Center, the newest building, includes a full-size gym complete with modern elliptical equipment, treadmills, stationary bikes, and cable-type workout centers.

## 1970

Interval Brotherhood Home established

## 70 acres

Original facilities located on what was a Monastery and farm

## 1980s

Women’s Residence created

## 1985

Two new structures built to house expanding programs

## 2021

Firestone Park Outpatient and Aftercare Facility opens

## Expanding to Meet New Challenges

IBH Addiction Recovery expanded its physical footprint with the addition of our **Firestone Park Outpatient and Aftercare Facility** in the fall 2021. Conveniently located on the METRO RTA bus line and a short distance from both downtown Akron and our Main Campus, the newly renovated building houses our Outpatient Programs and the IBH REACH Program that provides aftercare support.

The Firestone Park Outpatient and Aftercare Facility has many features that will improve how IBH Addiction Recovery delivers our drug and alcohol addiction treatment.

### Meeting Rooms

With both large and private rooms, there is ample space for community events and support meetings.

### Computer Lab

The lab provides computers and internet access to outpatient and aftercare clients to work on job applications, build resumes, or search for reliable housing.

### Drop-In Center

Set in a coffee shop-like atmosphere, the drop-in center provides a place for clients to connect with others or receive positive reinforcement.

### Referral Resources

Onsite peer support and referral services are available to assist clients in finding additional outpatient programs and levels of care to continue their recovery.

## **IBH Addiction Recovery Mission**

IBH Addiction Recovery offers persons with alcohol and drug addiction the opportunity to restore hope and gain skills for a lifetime of sobriety.

## **IBH Addiction Recovery Values**

IBH Addiction Recovery builds its treatment philosophy around four core values: Dignity, Community, Stewardship (Outcomes), and Spirituality.

- IBH Addiction Recovery values the dignity of every person.
- Treatment at IBH Addiction Recovery occurs in a community, not in isolation.
- IBH Addiction Recovery believes that stewardship must be outcome-driven and operate on a theory of change that will maximize our clients' opportunities to develop a life of sobriety.
- Persons have a spiritual dimension. We are made for activities and relationships that align with our true calling and are worthy of our dignity as persons.

## **IBH Addiction Recovery Programs**

### **Residential Treatment**

Our most intense level of care that includes on campus living, 24/7 support, and more than 40 hours of direct recovery services per week.

### **Day Treatment**

Based on the partial hospitalization model, Day Treatment is a short-term, outpatient approach to drug and alcohol addiction treatment.

### **Outpatient Programs**

Our Outpatient Programs, which include an Intensive Outpatient option, are designed to facilitate relapse management, and provide coping strategies through treatment and support services.

### **Aftercare / IBH REACH Program**

A peer-based aftercare program that reinforces the values learned during treatment, while providing a practical application of recovery skills.

IBH Addiction Recovery is expanding our programs and access to them so that treatment for drug and alcohol addiction is available to those in need. With the new Firestone Park Outpatient and Aftercare Facility and the opening of Recovery Housing on our main campus, IBH Addiction Recovery can now offer its outpatient programs and critical aftercare support in a manner that is both more accessible and effective.

As a provider of evidence-based treatment for drug and alcohol addiction, IBH Addiction Recovery is committed to addressing the underlying causes of the disease of substance use disorder.

Our leadership, clinical staff, and select board members can provide valuable insight and specific information on the latest in drug and alcohol addiction treatment, the ongoing response to the opioid crisis, and recent trends in medication-assisted treatment.

To follow is a representation of IBH Addiction Recovery's recent newsworthy activities and accomplishments.

## **New Recovery House Opens**

IBH Addiction Recovery is excited to announce the opening of its men's Recovery House located on the main campus at 3445 South Main Street in Akron.

"Adding recovery housing to our growing list of available services gives our clients an opportunity to transition back into daily community living without losing the support of the IBH family," said Jonathan Wyly, Executive Director.

Read the story here: <https://www.ibh.org/news/new-recovery-house-opens>

## **Expanding Services Find New Home at Firestone Park Facility**

IBH Addiction Recovery opened its new Firestone Park Outpatient and Aftercare Facility in November 2021. The renovated building has many features that will improve how IBH Addiction Recovery delivers our drug and alcohol addiction.

Read the story here: <https://www.ibh.org/news/ibh-addiction-recovery-opens-new-firestone-park-facility>

## **IBH Addiction Receives 2021 Grit Award**

IBH Addiction Recovery is honored to have been selected by the Greater Akron Chamber (GAC) as one of their 2021 Grit Award recipients.

According to the GAC press release, Grit Awards are granted annually to celebrate local businesses that are advancing the Greater Akron region by driving innovation in their business and industry, adjusting to significant change, and helping others succeed and live better lives.

Read the story here: <https://www.ibh.org/news/ibh-addiction-recovery-receives-2021-grit-award>

## **The Link Between Childhood Trauma and Substance Use**

Extremely stressful events that occur during childhood increase the risk of life-long health and social issues like obesity, diabetes, depression, and substance use in adulthood, according to the renowned Adverse Childhood Experiences (ACEs) study.

The ACEs study is one of the largest investigations into the impact of childhood abuse and neglect on later-life health and wellbeing.

Read the story here: <https://www.ibh.org/news/childhood-trauma-and-substance-use>

## **IBH Addiction Recovery Celebrates 50 Year Anniversary**

IBH Addiction Recovery will be celebrated 50 years of saving lives and service to the residents of Summit County and Northeast Ohio with a Gala Anniversary Celebration September 30, 2021.

Read the story here: <https://www.ibh.org/news/50th-anniversary-gala>

# Leadership



## **Jonathan Wyllly** **Executive Director**

As executive director, Jonathan Wyllly is responsible for overseeing the administration, programs and strategic planning at IBH Addiction Recovery.

Jonathan formerly served as the chief financial officer for the Alcohol, Drug Addiction & Mental Health Services Board in Franklin County, as well as the deputy director/chief financial officer at the Ohio Department of Alcohol & Drug Addiction Services. He earned a bachelor's degree in criminology at Ohio University, a master's degree in public administration at The Ohio State University and completed courses at Duke University in strategic leadership for state executives.

Currently serving as chair of the Asset Management Committee for Reymann Foundation, Jonathan also is a member of the Ohio Council of Behavioral Health and Family Services Providers, Mental Health and Addiction Advocacy Coalition and the Ohio Alliance of Recovery Providers.



## **Meredith Myers, LPCC-S, CDCA** **Chief Clinical Officer**

As chief clinical officer, Meredith Myers leads IBH Addiction Recovery's multi-disciplinary clinical team and devising treatment strategies across the continuum of care. She also guides the promotion and further development of outpatient services, recovery housing, and psycho-education programming.

Meredith's 15 years of experience in the behavioral health and addiction treatment field includes a variety of roles and initiatives throughout Stark County. She has served as a case manager, homeless support provider, crisis counselor, transitional youth counselor, dual diagnosis counselor, clinical community liaison, and counseling program manager. Through the years, she also has worked with multiple community entities, from courts to state hospitals.

A current member of the Women's Network, Meredith has past involvement with the Stark County Homeless Stand Down Committee, Stark County Opiate Taskforce, and Crisis Intervention Training Collaborative. She looks forward to continuing to her contribution in Summit County and the greater northeast Ohio region.





# Leadership



## **Nicole T. Labor, DO, BCFP, BCABAM, FASAM Medical Director**

Dr. Nicole Labor serves as the IBH Addiction Recovery medical director. Dr. Labor is a graduate of Pennsylvania State University with a Bachelor of Science degree in Bio-Behavioral Health and the Lake Erie College of Osteopathic Medicine. She completed a residency in Family Practice at the State University of New York in Buffalo, New York, followed by a fellowship in addiction medicine through Geisinger in northeastern Pennsylvania.



Dr. Labor also serves as medical director at One-Eighty in Wooster, Ohio and Esper Treatment Center in Erie, Pennsylvania, and as director of the Addiction Medicine Fellowship for Summa Health.

Dr. Labor is committed to educating healthcare professionals, churches, schools, and community members on the disease of addiction and works to remove the stigma surrounding addiction.

## **Laura M. Kidd, LPCC-S, LICDC-CS Outpatient and Admissions Director**

Laura Kidd is the outpatient clinical director at IBH Addiction Recovery and oversees the development and management of intensive outpatient, outpatient, and REACH programs.



Having earned a master's degree in community counseling and a bachelor's degree in psychology, Laura has more than 20 years of experience in the behavioral healthcare field where she has provided direct services, program development, clinical supervision, and management. She holds dual licenses as a licensed professional clinical counselor (LPCC-S) and licensed independent chemical dependency counselor (LICDC-CS).

Laura is a member of the board of trustees at Tarry House, Inc. and part-time instructor at The University of Akron teaching undergraduate addiction coursework.

# Leadership



## **Elizabeth Langford, BSN, RN** **Health Services Director**

Elizabeth Langford serves as the IBH Addiction Recovery health services director responsible for the successful delivery of clinical health and medical services. She strongly believes in the high-quality care of the whole person, guided by evidence-based practices and interdisciplinary team approaches.



Elizabeth brings more than 18 years of nursing experience in direct client care and leadership to her role. As a direct client care nurse, she has cared for clients in the specialties of orthopedic, neurological, hemodialysis and addiction treatment. Her leadership experience includes roles within hospital, outpatient office and residential treatment settings.

Elizabeth completed her Bachelor of Science degree in nursing at Malone University.

## **Jess Rist** **Chief Development and Communications Manager**

As Development Manager, Jess Rist connects compassionate individuals and community partners with philanthropic opportunities to make a difference in the lives of others. She is responsible for creating and maintaining strategic fundraising plans to enhance and support the mission of IBH Addiction Recovery.



Jess brings years of both professional and personal experience in nonprofit fundraising, event planning, volunteer management, and community outreach. She has dedicated her life to fighting and advocating for causes important to her and her community including IBH Addiction Recovery, the National MS Society, the Alzheimer's Association, OPEN M, and more.

Jess volunteers her time as a chair for the Association of Fundraising Professionals board of directors and Happy Trails Farm Animal Sanctuary board of directors.

# Contacts



## Requests For Comment

Jonathan Wyly, Executive Director  
P: 330-237-6958 | E: jonathanw@ibh.org

## General Press Inquiries

Jess Rist, Chief Development and Communications Manager  
P: 330-237-6883 | E: jessr@ibh.org

## Main Campus

IBH Addiction Recovery  
3445 S. Main St.  
Akron, Ohio 44319

## Firestone Park Outpatient and Aftercare Facility

1601 S. Main Street  
Akron, Ohio 44301

## Website

[ibh.org](http://ibh.org)

## Social Media

**Facebook:** [facebook.com/IBH.Recovery](https://facebook.com/IBH.Recovery)

**LinkedIn:** [linkedin.com/company/3275074/admin/](https://linkedin.com/company/3275074/admin/)

**Twitter:** [twitter.com/ibhaddrecovery](https://twitter.com/ibhaddrecovery)

**Instagram:** [instagram.com/ibhaddictionrecovery/](https://instagram.com/ibhaddictionrecovery/)